



NORTHBROOK PARK DISTRICT

Spring Hockey



Learn to Skate Hockey

Introduce your child to hockey in a fun and safe environment with NBHL instruction. Classes focus on basic skating skills required for team play. Prerequisite: Toddler 1, Basic 1 or Pre-Alpha. No class 5/26

4-18 Years Old		Northbrook Sports Center				
Code	Days	Times	Date(s)	# Days	Res	Non-Res
7355	Th	5:20pm-6pm	5/17-6/7	4	\$65	\$85
7354	Sa	9:30am-10:10am	5/19-6/9	3	\$49	\$65



Intro to Girls Hockey

This class is open to all girls with a variety of skating/hockey backgrounds. The sessions will have a heavy focus on skating and the development of stickhandling, passing and shooting skills. Required equipment: a helmet with a cage, elbow pads, shin pads, gloves and stick. No class 5/26

4-12 Years Old		Northbrook Sports Center				
Code	Days	Times	Date(s)	# Days	Res	Non-Res
7500	Th	5:20pm-6pm	5/17-6/7	4	\$65	\$85
7499	Sa	9:30am-10:10am	5/19-6/9	3	\$49	\$65



Learn to Play Hockey

Increase your skating skills and learn to play hockey with NBHL instruction. Required equipment: a helmet with a cage, elbow pads, shin pads, gloves and stick. Prerequisite: Learn to Skate Hockey. No class 5/26

4-18 Years Old		Northbrook Sports Center				
Code	Days	Times	Date(s)	# Days	Res	Non-Res
7353	Th	5:20pm-6pm	5/17-6/7	4	\$65	\$85
7352	Sa	9:30am-10:10am	5/19-6/9	3	\$49	\$65



Pre-Mites Hockey

The Pre-Mites program is for beginning hockey players who have progressed through Learn to Skate and Learn to Play Hockey classes. These skaters are ready to learn and develop more challenging hockey skills. Skaters begin playing small games and scrimmages. Required equipment: a helmet with a cage, elbow pads, shin pads, gloves and stick. No class 5/26

5-8 Years Old		Northbrook Sports Center				
Code	Days	Times	Date(s)	# Days	Res	Non-Res
7358	Th	5:20pm-6pm	5/17-6/7	4	\$65	\$85
7357	Sa	9:30am-10:10am	5/19-6/9	3	\$49	\$65



3v3 Cross Ice

Following a 5-minute warm up, hockey skaters will participate in 3v3 cross ice games. NBHL staff will facilitate the games. No class 5/26

5-13 Years Old		Northbrook Sports Center				
Code	Days	Times	Date(s)	# Days	Res	Non-Res
7502	Th	5:20pm-6pm	5/17-6/7	4	\$65	\$85
7501	Sa	9:30am-10:10am	5/19-6/9	3	\$49	\$65

Save your spot today! Sign up at nbparks.org/online-registration.
Questions? Call 847-291-2993